

Dr. Judith

Dr. Judith Joseph MD MBA
New York, New York

EDUCATION

Year	Degree	Field	Institution
2007	M.B.A.	Business	Columbia Business School
2007	M.D.	Medicine	Columbia University
2002	B.S (cum laude)	Biology	Duke University

POSTDOCTORAL TRAINING

2013	Fellowship Child and Adolescent Psychiatry NYU Langone Medical Center
2011	Adult Psychiatry Residency Columbia University NYPH
2009	Anesthesiology Residency (2 years completed at Columbia University NYPH)

LICENSURE AND CERTIFICATION

Licensed physician in the state of New York (January, 2011)

Licensed physician in the state of New Jersey (June, 2014)

Board Certified in General Psychiatry (September, 2012), American Board of Psychiatry and Neurology

Advocacy and Political Involvement:

Sep 2023 **Congressional Black Caucus Annual Conference** Washington, D.C.

Dr. Judith worked with US Congresswoman Sheila Cherfilus-McCormick to help Haitian leaders in government, health and business to develop solutions to the mental health crisis in Haiti.

Dec 2023 **US Congress WARM Act Advocacy** Washington D.C.

Dr. Judith worked with national non-profit Let's Talk Menopause alongside US Congresswoman Lisa Blunt Rochester to support the WARM act for menopause coverage and women's healthcare.

Dec 2023 **US Congress M.R.E.A. Menopause Research Equity Act** Washington D.C.

Dr. Judith worked with national non-profit Let's Talk Menopause and Congresswoman Yvette Clarke to present to Congress the MREA act for healthcare funding for menopause research and health equity.



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March 2024 **Congressional Black Caucus Sojourner Truth Legacy Project** Washington, D.C.

Dr. Judith worked with US Congresswoman Yvette Clark on a panel about Black Women's Health And ways to support black women in the workplace and in the community.

MENTAL HEALTH AWARENESS AND ADVOCACY USING MEDIA PRESENCE

Film and Television Career on IMDB

<https://www.imdb.com/name/nm11797535/www.drjudithjoseph.com>

Social Media Career on Major Social Media Platforms

Instagram: @drjudithjoseph	270,000 Followers
Tik Tok: @drjudithjoseph	363,000 Followers
Facebook: Dr Judith Joseph MD	146,000 Followers
Threads: @drjudithjoseph	38,000 Followers
YouTube @drjudithjoseph	9,000 Followers

AWARDS AND HONORS

2024 Fides Health Care Influencer Induction	World Health Organization WHO
2024 Black Health Hero Award	PopSugar
2023 Proclamation Award for Social Media and Research	US Congress Award
2023 Top Health Influencer in Mental Health	Men's Health Magazine
2023 Sharecare award for Best Health News Video	Share Care Award
2020 Sharecare award Best Mental Health Digital Video	Share Care Award
2010 APA SAMHSA Minority Fellowship Award	American Psychiatric Association
2007 International Family Aids Program Grant	Columbia University VP&S
2003 Fellowship of International Health Research Grant	Columbia University VP&S
1998 Valedictorian	Plainfield High School
1998 Flying Horse Academic Scholarship	Flying Horse Foundation
1998 Lucent Technologies Academic Scholarship	Lucent Technologies

PROFESSIONAL MEMBERSHIPS

2023-present	Medical Advisor for National Non-Profit Let's Talk Menopause
2019-present.	Chair of Women in Medicine at Columbia University
2019-present	Health Corps Advisory Board
2011-present	Member, American Psychiatric Association
2010-present	Member, American Academy of Child and Adolescent Psychiatry
2009-2010	Council on Communications, SAMHSA Minority Fellow Role,
2007-present	Member, American Medical Association



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ACADEMIC ACHIEVEMENTS/APPOINTMENTS

- 7/2017-2022** **Meet The Press: Teaching Doctors Media Literacy Columbia NYPH**
Media training for in Adult Psychiatry Residency and Public Psych
- 7/2011-present** **Clinical Associate Professor Child and Adolescent Psychiatry NYU**
Teach Fellows in Child and Adolescent Psychiatry Media Training as a part of their Core Curriculum.
- 7/2012-7/2014** **Clinical Instructor NYU Child and Adolescent Mental Health Studies NY, NY**
CAMS Minor for NYU Undergraduate students. Led in the production and creation of YouTube mental health videos for the NYU Child Study Center YouTube Website by supervising NYU undergraduate students.

POSTDOCTORAL WORK EXPERIENCE

08/2014- Present
Principal Investigator and Owner at Manhattan Behavioral Medicine Manhattan, NY
Serve as Principal Investigator for pharmaceutical clinical research at this site via enrolling and treating patients with phase II- IV medications for a variety of CNS disorders.

12/2014-present Staff Child and Adolescent Psychiatrist at St. Joseph's Regional Medical Center Paterson, NJ
Outpatient psychiatry role: practice outpatient psychiatry, treating child and adolescent patients; range from children 4-12 years of age, adolescents 13-17 years of age. Treat various disorders such as, ADHD, anxiety disorders, bipolar disorder, depression, mood disorders, schizophrenia, and other childhood mental illnesses. Clinic has a population of over 3000 child and adolescent patients.

8/2014-12/2014 Geriatric Psychiatrist at Hoboken University Medical Center Geriatric Unit, Hoboken, NJ
Treat Alzheimer's dementia, mild cognitive impairment, geriatric and adult depression, geriatric and adult bipolar disorder, geriatric and adult schizophrenia, geriatric and adult anxiety disorders, geriatric and adult agitation. Inpatient psychiatry floor duties involved working with a team of nurses, social workers, therapists. Primary duties involved medication management, discharge planning, individual therapy and family therapy.

